

Ergonomics approved quality label

Matador Bucket Holder (10-30 litres)



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Matador bv

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000901

1 Introduction

This report contains the assessment for a vhp occupational health and safety and ergonomics quality mark for the Matador bucket holder (M bucket holder (article number 14053) and M bucket holder 30L (article number 14188)).

During the assessment of the vhp occupational health and safety and ergonomics quality mark, the functional and usage aspects of the product are assessed in terms of compliance with the guidelines for physical load from the Dutch Physical load handbook¹. It was also checked whether, when applied, the product complies with Dutch standards and regulations on physical load, including lifting, carrying and pushing and pulling.

2 Product: Matador Bucket Holder

The Matador bucket holder is a mobile tool on which a bucket (10 to 30 litres, depending on the version chosen) can be placed. The bucket holder is mainly used in the construction industry, e.g. for (plaster) block builders. The Bucket Holder enables craftsmen to work with mortar/glue/cement at an comfortable working height. In addition, the Bucket Holder reduces the physical strain when the bucket is moved; instead of carrying a (full) bucket, the Bucket Holder can be used to move the bucket by moving the Bucket Holder with bucket to the place where work has to be done.

The Bucket Holder consists of a collapsible frame under which swivel wheels have been placed. Buckets of 10 to 30 litres can be placed on the Bucket Holder, depending on the version. The platform on which the bucket rests is positioned at a height of 52 cm. The Bucket Holder is easy to fold and can therefore be transported without using much space.

3 Features Matador Bucket Holder

The Matador bucket holder has the following ergonomic features:

- The Bucket Holder ensures reduced physical strain during construction work as the bucket being used does not need to be lifted to move it. With the Bucket Holder, it is possible to move the bucket at the same time.
- When using the Bucket Holder, there is less need to bend down low. This ensures that the back strain is lower (20%) than when working in the traditional manner (i.e. bucket on the ground). See also Appendix 1.
- Because the wheels of the bucket holder have been placed so that there is a large support surface, the bucket will not tip over.
- The swivel wheels have a diameter of 90 mm; as a result, the Bucket Holder can also be moved over uneven surfaces and small obstacles.
- Because of the adjustability of the frame, both round and oval buckets can be placed in the same bucket holder.
- Because of the foldability of the frame, it can be carried easily and it takes little space in the loading area of the bus.

¹ Dutch Handbook of Physical Workload, editors K.J. Peereboom Eur.Erg. and N.C.H. de Langen, seventh revised edition, 2016. The standards of Mital et al (1997) are used for pushing and pulling.

4 Ergonomics approved quality label



The Matador Bucket Holder (10-30 litre) is approved and carries the vhp occupational health and safety and ergonomics label.

The Matador bucket holder ensures that the physical load of plasterers, gluers and bricklayers is reduced. When using the bucket holder, there is less need to bend down and it is possible to move the bucket on wheels instead of lifting or carrying it.

It is important to avoid lifting weights of more than 25 kg at all times when using the Matador bucket holder.

vhp recommends that Matador equips a new version of the bucket holder with a locking brake system for one of the wheels.

5 Appendixes

5.1 Back strain when using a bucket holder

The biomechanical 3DSSPP Michigan Model (see figure 1) was used to determine the load on the lower back (between L4 and L5) when bending over to, for example, remove glue from a bucket. This was based on an average Dutch man (age group 20-60 years; height 182 cm; weight 83 kg) (DINED 2004). It is also assumed that the bucket is filled with 10 cm of glue from the bottom. This analysis (see figures 1 and 2) shows that the back load is reduced by 923N, which results in an improvement of more than 31%.

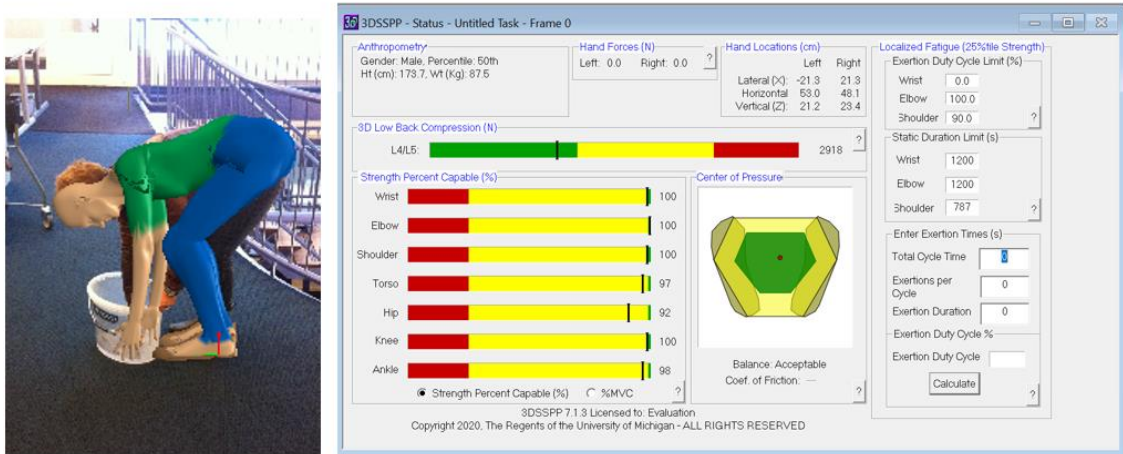


Figure 1 Analysing the traditional way of working with 3DSSPP. Back load is 2918 N, this is without lifting.

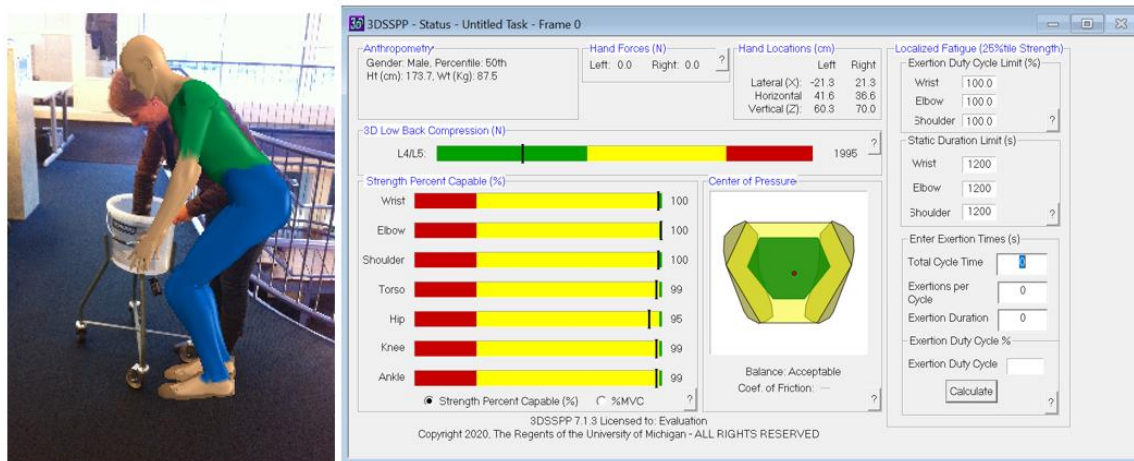


Figure 2. 3DSSPP-model analysing working with the bucket holder. Back load is 1995 N, this is without lifting.